

# Your pre-op check-up

## Pre-admission Clinic



You're waiting to have your operation. It's important to have your general health assessed before your surgery. Here is some information on how to prepare for your appointment.

### Why do I need to go to the clinic?

You'll be going to the Pre-Admission Clinic to have a health assessment before your operation.

You will have various medical tests while you're there. Your surgeon will decide which tests you need. You may be having an X-ray, an ECG (to check your heart) or blood tests.

This appointment is also designed to plan your stay in the hospital and the process of going home after your operation.

### How long will it take?

Plan on spending at least half a day at the clinic.

### When will I be going to the clinic?

Someone will call to tell you the **date, time and the place to come**. You will get the call anywhere from a few days to a few weeks before your scheduled surgery date.

Date : .....

Time : .....

Place:

**CHUM**  
1051 Sanguinet St.  
Building D, South  
Reception desk D 01-4000.1  
Montreal  
Tel. : 514 890-8252

Open from 7 a.m. to 5 p.m., Monday to Friday.



## What should I do to get ready for the clinic?

- 1 Have breakfast before going to the clinic
- 2 Take your usual medication.
- 3 **When you come in for your appointment, bring an up-to-date list of all the over-the-counter drugs** you're taking, including vitamins and natural health products. Ask your pharmacist to prepare the list.
- 4 Bring money for parking and a snack or lunch.



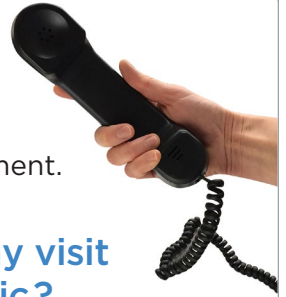
- 5 Ask a friend or relative to come with you if you need help getting around. This person can also help you remember the information you'll be given about your operation.
- 6 Bring along a book or something else to keep you busy while you're waiting.

**The results of the tests performed at the clinic are usually valid for 6 months.**

## Who should I tell if I can't come to my appointment?

Call the service :  
> **514 890-8252**

You will be given a new appointment.



## What will happen after my visit to the Pre-admission Clinic?

Further tests may be needed. If so, you will be told on time.

If your assessment is complete, you will get a call telling you the date, time and place where you should go for your surgery.

For further information, see [Getting ready for my operation.](#)

## If I have questions, who should I ask?

Write down your questions. You can ask the nurse when you come in for your visit.



### USEFUL RESOURCES

Other health sheets published by the CHUM are available. Ask for those that might fit your situation.



You can also find them on our web site  
[chumontreal.qc.ca/fiches-sante](http://chumontreal.qc.ca/fiches-sante)

*The content of this document in no way replaces the recommendations and diagnoses made, or the treatment suggested by your health professional.*

To find out more about the Centre hospitalier de l'Université de Montréal  
[chumontreal.qc.ca](http://chumontreal.qc.ca)